



Parent Care Instructions

Parent Care is some of life's conveniences and comforts for family members who are spending long days in the hospital at their child's bedside or at treatments.

Please wash your hands before you start. We'd love to see you in action - please share photos!
Reach out with any questions. Bags can be returned to either of our locations (see below).



Please put the items into a paper gift bag (decorated, if you choose).

- 1 eye mask | 1 stress ball | 1 lip balm | 1 washcloth | 1 notebook
- 1 water bottle or bottle of water | 1 travel size lotion | 1 pack of gum
- 1 pack of mints | 1 hand sanitizer | 1 maze or sudoku book
- 2 pens | 2 pairs of socks – adult size, gender neutral colors
- 2 packs of pocket tissues | 3 pairs of ear plugs

Thank you for volunteering to provide Parent Care for There With Care families.

DROP OFF LOCATIONS

M-F 9am-2pm: 2682 Middlefield Road, Suite H | Redwood City, CA 94063
Call to Schedule: SOMAcentral | 450 Townsend Street | San Francisco, CA 94107
bayarea.therewithcare.org | 650.268.8555